

Kev Suav Koj Tsev Neeg thiab Cov Me Nyuam Yaus

Yog muaj lus nug dab tsi? Hu rau peb tus npawb pab cuam kev suav pej xeem ntawm 844-2020-API rau kev txhawb nqa hauv Lus Askiv thiab lwm hom lus. Mus Saib www.CountUsIn2020.org/hotline rau cov ntaub ntawv ntxiv.

Cov lus teb rau ntawm Chaws Sauv Pej Xeem 2020 los pab koj tsev neeg thiab thiab zej zog! Nco ntsoov suav **txhua tus neeg** uas yog cov nyob rau ntawm koj qhov chaw nyob -- cov me nyuam mos, cov me nyuam yaus, lwm tus tswv cuab hauv tsev neeg, thiab cov neeg nyob nrog hauv lub tsev. Qee zaus cov neeg tsis nco qab suav cov me nyuam yaus, tab sis kev suav lawv nrog yog tseem ceeb tshaj plaws.

Vim li cas thiaj li tseem ceeb heev rau qhov suav cov me nyuam yaus?

Kev suav cov me nyuam yaus rau qhov kev suav pej xeem no yuav pab txhawb lawv **loj hlob zoo**.

Thaum koj teb cov nqe lus rau qhov kev suav pej xeem, koj pab koj lub zos tau txais kob nyiaj pab thiab cov kev saib xyuas tau ncaj ncees. Kev suav pej xeem cuam tshuam txog:

- Cov kev qhia ntawv rau me nyuam yaus me, kev kawm ntawv tshwj xeeb, cov nyiaj pab dawb saib xyuas me nyuam yaus, thiab qhov kev pab txhawb Head Start
- Medicaid thiab is saws las them nqi saib xyuas kev noj qab haus huv ntawm cov me nyuam yaus
- Cov kev pab vaj tse rau cov neeg khwv nyiaj tau tsawg
- Kev pab khoom noj khoom haus ntxiv, suav nrog cov kev pab rau cov poj niam, cov me nyuam mos, thiab me nyuam yau (SNAP thiab WIC kev pab)

Cov ntaub ntawv tau los ntawm qhov kev suav pej xeem no kuj yuav raug siv rau qhov kev npaj ua thiab kev txiav txim siab. Piv txwv:

- Cov chaw saib xyuas tsev kawm ntawv yuav saib cov ntaub ntawv tau los ntawm qhov kev suav pej xeem txhawm rau kev npaj ua raws li qhov ntau tsawg ntawm lub tsev kawm ntawv.
- Cov kws saib xyuas kev noj qab haus huv yuav saib cov ntaub ntawv tau los ntawm qhov kev suav pej xeem txhawm rau kev txiav txim siab seb yuav nqis peev rau cov tsev kho mob thiab cov chaw kuaj mob twg.

Yuav suav cov me nyuam yaus li cas?

Thaum koj sau daim ntawv suav pej xeem, suav txhua tus neeg uas nyob hauv lub tsev rau thaum Hnub Tim 1 Lub Plaub Hlis, 2020.

Nco ntsoov suav:

- ✓ Txhua tus me nyuam yaus uas nyob hauv koj tsev neeg, suav nrog cov xeeb ntxwv, cov xeeb ntxwv ntxhais thiab cov xeeb ntxwv tub, thiab cov phooj ywg cov me nyuam.
- ✓ Cov me nyuam uas tau tawm mus nyob lawv rau ib qho chaw lawv tau faib lawv lub sij hawm tau zoo thiab nyob hauv lub tsev, yog lawv tseem nyob nrog koj rau thaum Hnub Tim 1 Lub Plaub Hlis, 2020
- ✓ Cov me nyuam mos yug tshiab, txawm tias lawv tseem nyob tom tsev kho mob rau thaum Hnub Tim 1 Lub Plaub Hlis, 2020 los xij.
- ✓ Ib tug neeg uas nyob nrog thiab pw hauv koj lub tsev neeg feem ntau.

Koj yuav mus nrhiav tau ntaub ntawv qhia ntxiv txog kev suav pejxeem nyob rau ntawm www.CountUsIn2020.org/resources.